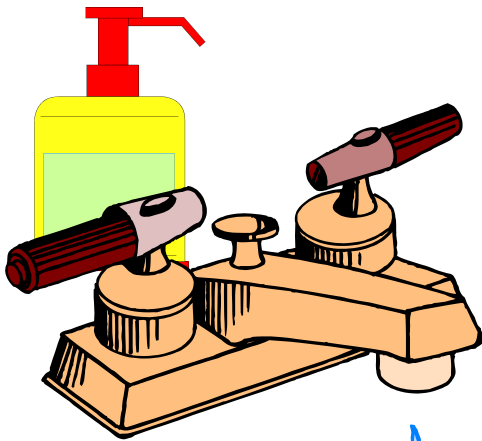


# WASH HANDS OFTEN!

It's the best way to **stop** the spread of **disease!**



Wash your hands for 20 seconds with hot soapy water!

**Before:**

- Your shift begins
- Handling Food
- Putting on clean gloves



**After:**

- Using the toilet
- Handling raw foods
- Taking a break/ smoking
- Coughing, sneezing, eating, drinking
- Cleaning/taking out trash
- As often as necessary to remove soil and contamination



**FOOD SAFETY PROGRAM**

Zanesville-Muskingum Co Health Department

205 N 7th St

Zanesville, Ohio 43701

(740) 454-9741