Are you in crisis right now?

⇒ Please call 9-1-1 immediately.
⇒ Allwell Behavioral Health Services:
  1-800-344-5818
⇒ National Suicide Prevention Lifeline:
  1-800-273-8255
⇒ Crisis Text Line:
  Text HELP to 741741
⇒ United Way 2-1-1:
  2-1-1 or 1-800-544-1601

All of these services are available 24/7. You may also call 2-1-1 or 1-800-544-1601 for crisis counseling.

Our Mission:
To promote, protect and improve public health in Muskingum County.

Zanesville-Muskingum County Mental Health Resources

Zanesville-Muskingum County Health Department

205 North 7th Street
Zanesville, OH 43701
Phone: (740) 454-9741
Fax: (740) 452-5154

Updated: July 2017

www.zmchd.org
Information to have ready when you call

⇒ Insurance Card
⇒ Name of person who needs appointment
⇒ Social Security Number
⇒ Date of birth
⇒ Current address
⇒ Phone number(s)
⇒ Reason for appointment
⇒ Name and other contact information of legal guardian/parent if child is under 18

What to expect at your first appointment

⇒ You will meet with a trained professional (counselor, social worker, or psychologist) to gather information and allow you to tell your “story”.
⇒ This first appointment is usually called a “diagnostic assessment”.
⇒ Most likely, the professional will share services which can be provided to you and also discuss your mental health diagnosis, if needed.
⇒ These first appointments usually range from 1-2 hours long. Some agencies will have you arrive early before the appointment to complete intake paperwork.

Outpatient Mental Health Providers

<table>
<thead>
<tr>
<th>Allwell Behavioral Health</th>
<th>2845 Bell St. Zanesville, OH 43701 (740) 454-9766</th>
<th>1175 Newark Rd. Zanesville, OH 43701 (740) 454-0738</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center for Personal</td>
<td>534 Market St. Zanesville, OH 43701</td>
<td>(740) 450-1615</td>
</tr>
<tr>
<td>The Counseling Center</td>
<td>326 Main St. Zanesville, OH 43701</td>
<td>(740) 450-7790</td>
</tr>
<tr>
<td>Family Care Behavioral Health Services</td>
<td>2447 Maple Ave. Zanesville, OH 43701</td>
<td>(740) 454-9000</td>
</tr>
<tr>
<td>Mid-Ohio Behavioral Health</td>
<td>930 Bethesda Dr. Suite #4 Zanesville, OH 43701</td>
<td>(740) 569-5737</td>
</tr>
<tr>
<td>Muskingum Behavioral Health</td>
<td>601 Underwood St. Suite D Zanesville, OH 43701</td>
<td>(740) 562-4427</td>
</tr>
<tr>
<td>Muskingum Valley Health Center</td>
<td>716 Adair Avenue Zanesville, OH 43701</td>
<td>(740) 891-9000 *open to current MVHC clients</td>
</tr>
<tr>
<td>Ohio Psychiatric Associates</td>
<td>975 Bethesda Dr. Suite #2 Zanesville, OH 43701</td>
<td>(740) 452-4539</td>
</tr>
</tbody>
</table>

Inpatient/Intensive Outpatient Mental Health Providers

<table>
<thead>
<tr>
<th>Genesis HealthCare System</th>
<th>Inpatient</th>
<th>2951 Maple Ave. Zanesville, OH 43701 (740) 454-5927</th>
</tr>
</thead>
<tbody>
<tr>
<td>Genesis HealthCare System</td>
<td>Intensive Outpatient</td>
<td>2951 Maple Ave. Zanesville, OH 43701 (740) 454-4201</td>
</tr>
<tr>
<td>Allwell Behavioral Health Services</td>
<td>3405 Dillon Acres Dr. Zanesville, OH 43701 (740) 455-4132</td>
<td></td>
</tr>
</tbody>
</table>

Are you a veteran seeking help?

⇒ Not all agencies will offer the same services. Be sure to ask what services are provided by the agency when you call.
⇒ Services can range from diagnostic assessment, individual therapy, group therapy, medication services, case management and vocational programs.

Dept. of Veterans Affairs | 2800 Maple Ave. Zanesville, OH (740) 453-7725 |