Travelers’ Health

Travel Medicine is a service that has been available from the Zanesville-Muskingum County Health Department (ZMCHD) for many years.

We have a surprising number of world travelers that need advice on safely traveling outside of the United States to developed as well as undeveloped, third-world nations.

With the increasing frequency of international travel, it’s more important than ever to work to stop disease threats before they reach American borders.

Travel notices are designed to inform travelers and clinicians about current health issues related to specific destinations.

These issues may arise from disease outbreaks, special events or gatherings, natural disasters, or other conditions that may affect travelers’ health.

From African Trypanosomiasis to Zika – we review it all.

Travel nurses utilize CDC travel guidelines as well as an independent travel reference, Travax, to determine the specific needs of each traveler.

Recommendations are then given as regards to the following:

- Vaccines necessary and the appropriate time for those vaccines to gain entry to the destination country
- Oral medications for various diseases such as Malaria and traveler’s diarrhea
- Advice on insect protection
- Advice on food safety
- Advice on safe travel in foreign lands
- Advice on medical care upon return to the USA

Furthermore, this travel advice is not limited to Muskingum County residents.

Anyone that wants to come in for this advice can make an appointment by calling ZMCHD at (740) 454-9741.

ZMCHD accepts most insurances, including Medicaid and Medicare.