Board of Health Quarterly Review

Resolutions/Contracts/Agreements

The Board of Health approved the following:

- Information Services agreement
- Facilities Rental for District Advisory Council meeting
- The Baldwin Group Health Department Information Systems
- Lead Exposure Prevention and Healthy Homes Education Activities

Professional Development

Ann Hollingsworth presented education on the 2023 Community Health Improvement Plan. She reviewed the process of the steps taken to get to the final plan.

The four priorities selected are Education & Literacy, Health Behaviors, Housing & Homelessness, and Mental Health.

The goals for each of the priorities were reviewed.

A new data collection system has been implemented to help track the progress of the priorities.

Memorandum of Understandings will be created for partners.

The 2023 Community Health Improvement Plan is available online at www.zmchd.org/community-health-planning.

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Be TICK Smart!

- PROTECT against tick bites
- CHECK your whole body for ticks
- REMOVE ticks as soon as you can
- WATCH for symptoms: Fever/chills, Aches and pains, and Rash
STI Awareness

STI Awareness Week provides an opportunity to raise awareness about sexually transmitted infections, or STIs, and how they impact our lives; reduce STI-related stigma, fear, and discrimination; and ensure people have the tools and knowledge for prevention, testing, and treatment.

CDC estimates that about 20 percent of the U.S. population – approximately one in five people in the U.S. – had an STI on any given day in 2018, and STIs acquired that year cost the American health care system nearly $16 billion in health care costs alone.

Did you know? All STIs can be treated and some can be cured. Many STIs have no symptoms. The only way you can be sure of your status is to get yourself tested. Anyone having sex can get an STI.

For Testing and Treatment:
Family Health Services
Phone: 740-453-2872
Genesis Infectious Disease
Phone: 740-454-5962
Muskingum County 2022
487 cases of gonorrhea, chlamydia, and syphilis
Ages 14-77

Search for Health Inspections

Did you know the Zanesville-Muskingum County Health Department has an inspection website? The following inspections are available:

—> Food Facilities
—> Recreational Water — public swimming pools/spas and beaches
—> Campground/RV parks
—> Tattoo/Body Piercing Establishments
—> School Environments
—> Private Water Systems
—> Home and Small Flow Sewage Treatment Systems

To access inspections, visit www.vzmchd.org, click on Environment, Food Safety, Inspections and Search Online Inspection Reports.

Health District Advisory Council

The Annual Health District Advisory Council meeting was held Wednesday, March 22nd at the Muskingum County Welcome Center. There were 50 attendees from 22 of 35 political subdivisions.

Abby Nguyen was reappointed to another 6-year term from April 1, 2023—March 31, 2029.

The Zanesville-Muskingum County Health Department serves the townships, villages, and cities of the county.

The chief executive of each of the villages, the president of the Muskingum County Board of Commissioners, and the chairperson of each township’s board of trustees are the designated members of the District Advisory Council.

National Infant Immunization Week

National Infant Immunization Week (NIIW) highlights the importance of protecting infants and young children from vaccine-preventable diseases. This year, a primary focus is to ensure families stay on track for their children’s well-child visits and routinely recommended vaccinations.

COVID-19 has caused many disruptions in families’ lives – and in some cases, it has meant that children have missed or delayed their wellness checkups and vaccination, which are a critical part of ensuring children stay healthy. CDC and the American Academy of Pediatrics (AAP) recommend that children stay on track with their well-child appointments and routine vaccinations.

Most parents choose the safe, proven protection of vaccines. Giving babies the recommended vaccinations by age two is the best way to protect them from 14 serious childhood diseases, like whooping cough (pertussis) and measles.
**Personnel Update**

The Board of Health approved the following:

**Promotions**
- Ann Hollingsworth from Accreditation Coordinator to Director of Community Engagement & Performance Management.
- Amanda McPeck from Health Educator to Community Health Planner
- Kris Bell from Emergency Readiness Coordinator to Administration Planning Coordinator
- Erin Wood from Fiscal Officer to Chief Administrative Officer

**Resignation**
- Lisa King, Director of Business & Information Services

ZMCHD welcomed the following employees:
- Shannon Brandes, Health Educator
- Monica Batteiger, Family Advocate
- Deb Coleman, Health Educator
- Brandon Francis, Community Health Planner
- Carleigh Ludwig, Health Educator
- Shelby Ryan, Human Resources Coordinator

“There is no safe level of lead for children.”

**Protect Your Family from Lead Poisoning**

Children who live in houses built before 1978 are at greatest risk for lead poisoning. Lead dust from old paint can enter the body when we breathe. A child may swallow lead by eating chips of old paint.

Lead is especially hazardous to children younger than 6 years and can lead to many health problems including: nervous system and kidney damage; learning disabilities; speech, language, and behavior problems.

Good nutrition and repairing damaged paint-ed surfaces or covering bare soil can temporarily reduce lead-based paint hazards.

The simplest and safest way to know is to have lead–based paint, dust, or soil tested by a professional.

Contact help@zmchd or call 740-454-9741 for a list of registered professionals.

Lead-based paint is usually not hazardous if it is in good condition and not located on a friction or impact surface like a door or a window.

Chipping, cracking, or damaged paint is hazardous and requires immediate attention.

Lead-based paint on surfaces that children may chew on or that are subject to heavy wear or use such as windows, doors, and porches also presents a hazard.

Lead can be found inside our home and outside in the air, soil, and water. It does not break down in the soil over time.

If you suspect you have lead-based paint, renovations or remodels should be done by certified lead abatement contractors.

For more information regarding lead-safe practices or licensed professionals, contact: Zanesville-Muskingum County Health Department at 740-454-9741 or help@zmchd.org.
Health Department
205 N. 7th Street
Zanesville, OH 43701
Phone: 740-454-9741
Fax: 740-452-5107
E-mail: help@zmchd.org

Mission:
To use best practices to prevent illness, protect our health and promote well-being.

Vision:
Muskingum County is the healthiest place to live, learn, work, and play.

Values:
Respect diversity and practice inclusion.
Be accountable, ethical and equitable.
Practice continuous process improvement.
Be helpful, adaptive, and take pride in providing excellent service.
Engage with our communities and work as a team to achieve desired results.

Upcoming Events

May Events

May 18: Board of Health Meeting, 6:00pm/Virtual access available, Microsoft Teams
May 29: Closed in Observance of Memorial Day

June Events

June 15: Board of Health Meeting, 6:00pm/Virtual access available, Microsoft Teams
June 19: Closed in Observance of Juneteenth

July Events

July 4: Closed in Observance of Independence Day
July 20: Board of Health Meeting, 6:00pm/Virtual access available, Microsoft Teams