



**Public Health**  
Prevent. Promote. Protect.

Zanesville-Muskingum County

# 2025 Annual Report

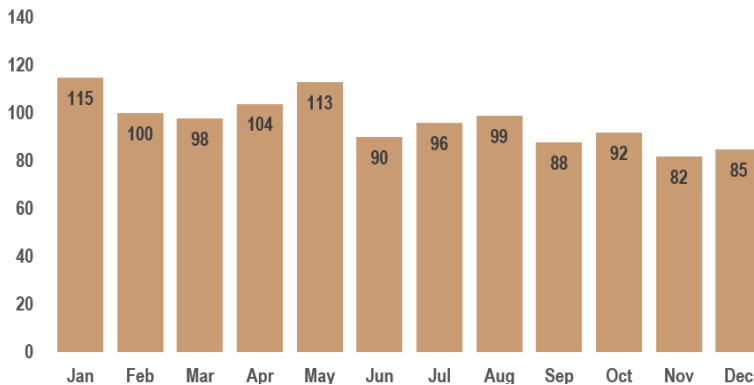
# BRIDGES TO WELLNESS

Bridges to Wellness is a program of Access Tusc which links individuals who have medical, social, and educational barriers to resources in ten counties, including Muskingum County. A Community Health Worker (CHW) will assist the referred individual through 21 possible pathways to improve their health and help position them towards the path of wellness. The CHWs serve as partners, advocates, and coaches for their clients, guiding them through a process to identify risks, assign them to pathways so solutions can be achieved, and remain available to support clients to finish pathway objectives.

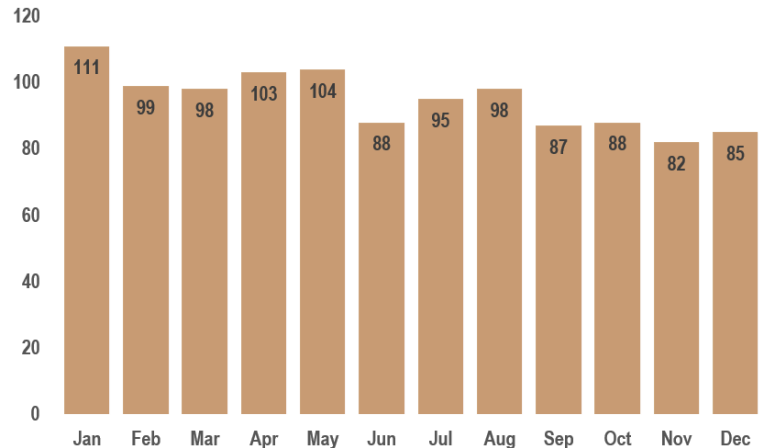
## DURING THE GRANT YEAR, THE BRIDGES TO WELLNESS PROGRAM:

Clients were supported with 1,162 visits\* during the year.

\*Total visits includes pregnancy visits, pediatric visits, and adult visits.



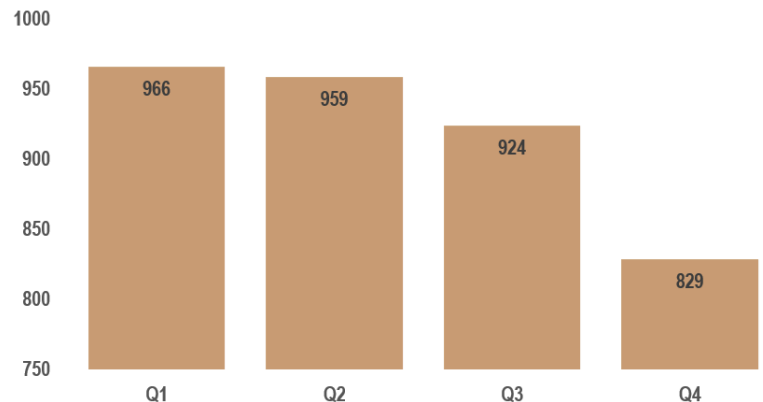
Over 80 clients were served each month.



### BTW Success Story

“During the government shut down, our enrolled families struggled with food throughout the month. The Bridges to Wellness team worked together with local organizations and gathered donations of shelf stable meals to donate to their clients. These were full meals in a bag for the whole family, complete with recipes. Clients were able to utilize these at drop off, or keep them on their shelves, just in case they were ever in need again. Clients were very grateful for these donations.”

Clients completed 3,678 pathways during the year.



Pathways include adult education, employment, food security, health coverage, housing, learning, mental health, pregnancy, social service referrals, substance use, and transportation.

Q1 is January - March, Q2 is April - June, Q3 is July - September, and Q4 is October - December.

## BRIDGES TO WELLNESS STAFF



**Stefanie Kahle**, Bridges to Wellness Supervisor.

She graduated with her bachelor's in early childhood education in 2018, after she was fortunate enough to spend 13 years as a stay-at-home mom. She started with the Bridges to Wellness HUB in November 2020 after working as an intervention caseworker at Muskingum County Children's Services. "My passion has always been working with families and offering them support and education. I love building relationships with my families and cheering them on as they grow and change. Growing up, my family faced a lot of the challenges that my clients are facing, and I try to remember what it was like and be who I would have needed when I was in their shoes."



**Carrie Williamson**, Bridges to Wellness Supervisor and Care Coordinator since 2023.

She is a public health nurse with seven years of a specialty focus of working with pregnant women with substance use disorder. The Bridges to Wellness program provides a closed loop referral system to provide care coordination to the women she works with. "My favorite part of my job is seeing the women I work with succeeding in reaching their goals and overcoming the challenges that stand in their way".



**Tiffany Cornett**, Community Health Worker (CHW) for almost five years.

"I love my job because I love helping people and making an impact on their lives. Being a CHW allows me to meet my clients in their homes and provide support, education, and connect them to resources to help with their needs. It's amazing to be able to build a trusting relationship and help support these families in their times of need."



**Paige Cummings**, Community Health Worker (CHW).

Paige joined the Bridges to Wellness team one year ago in hopes to make a difference in others' lives. Paige enjoys supporting her families with finding access to essential needs and helping her clients reach their goals.