



Public Health
Prevent. Promote. Protect.
Zanesville-Muskingum County

Wash Your Hands Often!

Before...

**your shift begins
handling food
changing tasks
putting on clean gloves**

The BEST &
EASIEST way to
stop the spread
of disease!



After...

**using the bathroom
handling raw food
taking a break
smoking
coughing, sneezing, drinking
cleaning/taking trash outside**

Stay Healthy!