### Zanesville-Muskingum County Health Department

# Board of Health Quarterly Review



#### WINTER 2022

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# Resolutions/Contracts/Agreements

The Board of Health approved the following:

- 3rd and Final Reading of Resolution 21-09-03-Food Service License Fees
- Ohio Department of Health (ODH) Lead Delegated Authority Provider Agreement
- Memorandum of Understanding (MOU) with Muskingum Behavioral Health for the Safe Point Bloodborne Infectious Disease Prevention Program
- MOU with Dr. Sheerer for Medical Director coverage
- MOU for Brittco, LLC Software Access
- Information Services Agreement
- MOU for Tobacco

Prevention and Cessation

- Ohio Bureau of Criminal Investigations Agreement/Renewal
- ODH Medicaid Administrative Claiming (MAC)
  - National Prescription Drug Take Back day was Saturday, October 23, 2021. Between 10 a.m. and 2 p.m., with the help of our partners Genesis Healthcare System, Muskingum County Sheriff's Office, Muskingum Behavioral Health, Northside Pharmacies, we were able to collect 181.6 pounds of unused or expired medications from Muskingum County residents.



#### Avoid Frostbite & Hypothermia:

- Try to stay indoors. If you must go outside, dress properly; waterresistant boots, several layers of loose fitting clothing, gloves, waterresistant coat, hat, scarf or knit mask that overs face and mouth.
- Know who is at high risk; older adults, homeless, hikers, hunters, people who drink alcohol in excess or use illicit drugs.

# At-Home COVID-19 Test Kits

With COVID-19 cases surging once again in December, finding an at-home test was a struggle as Omicron and holiday plans collided. ZMCHD and the Muskingum County Library System ran out of tests at the end of the month. However, the Biden administration is now providing tests. Every home in the U.S. is eligible

to order 4 FREE at-home COVID-19 tests. Order your tests now so you have them when you need them. Visit <a href="https://www.covidtests.gov/">https://www.covidtests.gov/</a> to place your order. Call 1-800-232-0233 if you're unable to access the website or need additional support placing an order for free.





## **ZMCHD** Incident Command

In October, Muskingum County reported 1,892 cases of COVID-19. This was a 37.8% decrease in cases from September, which ended the month with 3,044 cases. We began to coordinate with PCG (Public Consulting Group) to assist with case investigation. A total of eleven COVID-19 outbreaks were investigated in the community. Our longterm care facilities reported 20 COVID-19 cases. Muskingum County schools saw a total of 327 COVID-19 cases. Most schools in the county adopted the "Mask-to-Stay, Test-to-Play" guidance put forth by

the Ohio Department of Health.

COVID-19 cases started to decrease in November.
Muskingum County reported 1,319 cases, a 30.3% decrease in cases from October. Sixteen COVID-19 outbreaks were investigated in the community. Our long-term care facilities reported 45 COVID-19 cases. Muskingum County schools saw a total of 170 COVID-19 cases.

In December, there was a 56.8% increase in cases.

Muskingum County reported 2,066 cases in December. A total of 13 COVID-19 outbreaks were investigated in the community. Our long-term care facilities reported 15 COVID-19 cases. Muskingum County schools saw a total of 192 COVID-19 cases in December.



# Muskingum County COVID-19 Unified Command

COVID numbers declined in October and November. On November 30, 2021, Unified Command presented a COVID-19 Update encourage the public to get COVID-19 and flu vaccines at the same time as reducing the spread of COVID-19, flu, and respiratory illnesses was more important than ever in

fall and winter. Guest Matt Perry, CEO Genesis Healthcare System said to help, Genesis would reopen the clinic housed in the former Elder Beerman store in Colony Square Mall for booster shots. Omicron, a new variant of SARS-Co-V-2 was classified by the World Health Organization as a variant of concern on November 26, 2021. This new variant was first detected in South Africa. The first confirmed U.S. case of Omicron was identified on December 1, 2021. Community transmission of COVID-19 remained high in December. Unified Command continues to meet weekly.



# **COVID-19 Vaccination**

October brought an upward trend in our vaccination numbers from 269 doses given in September to 591 doses. The vaccine clinic was very busy with COVID-19 vaccines after the CDC authorized booster doses for Moderna, Pfizer, and Johnson and Johnson

In November, Pfizer pediatric doses were made available for

children age 5-11. Vaccination numbers continued to increase in November with 1,155 doses given. There were community volunteers to assist with COVID vaccinations three days a week. Vaccines are provided by the Ohio Department of Health at no cost. ZMCHD provides vaccines to Muskingum County residents

free of charge with no billing to insurance.

In December, CDC authorized booster doses for everyone ages 16+. We gave 1,038 COVID vaccinations, a slight decrease from November. Community volunteers continued to assist with COVID vaccinations in December.

# Different Symptoms for COVID-19/Flu/Colds/Allergies

It is often difficult to determine the difference between COVID-19, Flu (Influenza), Colds and Allergies. This makes decisions such as going to work or school difficult. The table below shows the comparisons between these conditions.

During a pandemic, it is always safer to err on the side of safety and get tested for COVID (and Influenza during flu season) to help determine if you should be going back into the public. So if you are unsure of your diagnosis, get tested.

If you test negative for COVID-19, fever free, and your symptoms are improving, it is reasonable to return to work or school. However, if you still have a fever or your symptoms are not improving, even if your test is negative, you should consider waiting another day or two before returning to work or school.

Symptom	COVID-19	Influenza	Cold	Allergy
Fever	Usually	Usually	Usually	Never
Sore throat	Usually	Usually	Usually	Rarely
Cough	Usually (dry)	Usually	Usually	Sometimes
Shortness of breath or difficulty breathing	Usually	Usually	Rarely	Rarely
New loss of taste or smell	Usually	Rarely	Sometimes	Rarely
Muscle/body aches	Usually	Usually	Sometimes	Never
Tiredness/fatigue	Usually	Usually	Sometimes	Sometimes
Headache	Usually	Often	Sometimes	Sometimes
Runny or stuffy nose	Usually	Usually	Usually	Usually
Nausea and/or vomiting	Sometimes	Sometimes	Rarely	Never
Diarrhea	Sometimes	Sometimes	Rarely	Never
Pink eye	Sometimes	Sometimes	Sometimes	Sometimes
Itchy nose and/or eyes	Never	Never	Never	Usually

# Accreditation Update

Small groups are continuing to work towards our Public Health Accreditation.

Our deadline for submission is June 26, 2022.

Ann Hollingsworth, Accreditation Coordinator is reaching out to staff for assistance when necessary.





# Personnel Update

The Board of Health approved the following:

#### Reclassifications

Jacqueline Layton from Administrative Assistant to Grant Specialist

Jacob Wilson from Contact Tracer to Readiness Staff Support

# ZMCHD welcomed the following employees:

Elizabeth Bishop, Contact Tracer

Kimberley Cook, Administrative Assistant

Lakyn Craig, Community Health Planner Angela Kelly, Public Health Nurse

Kassandra Settles, Social Worker



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Zanesville-Muskingum County

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#### Mission:

Prevent. Promote. Protect. Public Health is Our Passion!

#### Vision:

For Our Agency: One team, striving for excellence, educating and empowering with every encounter.

For Our Community: Muskingum County is the healthiest place to live, learn, work and play.

#### Values:

Work Together: We engage with our community to establish common goals and achieve desired results.

Help Others: We are helpful, adaptive, and take pride in providing excellent service.

Do the Right Thing: We are fair, honest, ethical, and accountable.

**Improve:** We continually look for ways to improve our efficiency and effectiveness.

# Calendar Sun Mon Tue West The Ms Sur 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 15 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

# **Upcoming Events**

#### **February Events**

Feb 14: Valentine's Day

Feb 17: Board of Health Meeting, 6:00pm/Virtual Board of Health Meeting, Google Meet

Feb 21: Closed Washington's Birthday

#### **March Events**

March 2: Ash Wednesday

March 13: Daylight Saving Time Begins

March 17: St. Patrick's Day

March 17: Board of Health Meeting, 5:30pm/Virtual Board of Health Meeting, Google Meet

March 17: Health District Advisory Council & Muskingum County Township Association Spring Meeting, 7:00pm/Virtual Board of Health Meeting, Google Meet

#### **April Events**

April 10: Palm Sunday

April 15: Good Friday

April 17: Easter

April 21: Board of Health Meeting, 6:00pm/Virtual Board of Health Meeting, Google Meet

