

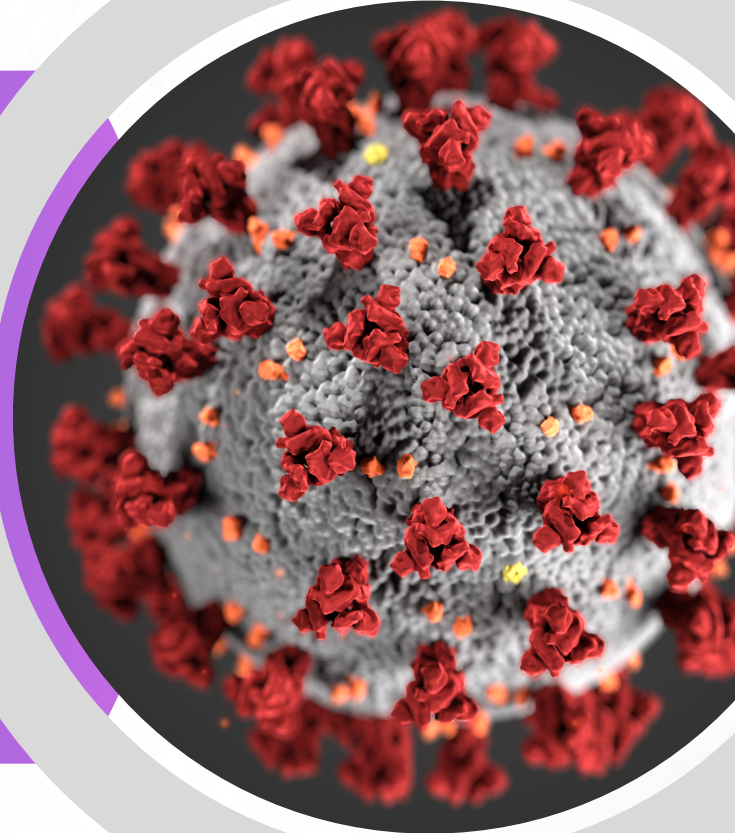


Public Health
Prevent. Promote. Protect.
Zanesville-Muskingum County

COVID-19 GUIDANCE UPDATE

As of 3/1/2024

***This guidance does not apply to
healthcare settings***



RETURN TO ACTIVITIES



IF YOU TEST POSITIVE AND NEVER HAD A FEVER

Individuals can return to normal activities when symptoms have been improving for 24 hours.



USE ENHANCED PRECAUTIONS AFTER TESTING POSITIVE

Once people return to normal activities after testing positive, they should take enhanced precautions for the next five days including:

- Wearing a well-fitting mask when able
- Keeping a distance from others
- Using available test methods to inform individual actions



IF YOU TEST POSITIVE AND HAD A FEVER

Individuals who had a fever as a symptom can resume normal activities when the fever has been gone for at least 24 hours (without the use of fever-reducing medicines).



HOME-TEST KITS

Home-test kits are available in the lobby or at the front desk. If you test positive, please report your test to ZMCHD.

CORE PREVENTION STRATEGIES

- Stay up to date on vaccinations
- Stay home when sick
- Practice good hygiene
- Take steps for cleaner air



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